

September 1-3: Men's Peer Group Weekend

At Hazel Hill Wood. A chance to relax, reflect, and renew, with the collective wisdom and support of a group of men, and the magical setting of this 70-acre wood. There will be space for conversations, camp fires, quiet time, shared activities and good food as we shape our time together over the course of the week-end.

Guided by Alan Heeks and Charles Kemp. Alan has been involved with one-off and ongoing men's groups for 25 years, many at Hazel Hill, and wrote *Out of the Woods: a guide to life for men beyond 50*. Charles is a healer/counsellor, Interfaith celebrant and musician who has been supporting Alan in holding weekends like this at Hazel Hill.



Friday 7pm to Sunday 2pm. Only £88, plus bring food to share. For enquiries and bookings contact Charles: charles.fhp@blueyonder.co.uk or 07737 892891.