

# FRONTLINE FUTURES- THE POSITIVE VIEW

## Exploring Super-Resilience

23<sup>rd</sup> April 2018, at Hazel Hill Wood

This day is an invitation to explore a practical vision of your front-line service team thriving and performing in the years ahead – despite all the pressures pushing against this.

### NOURISHING THE FRONTLINE

The 'Nourishing the Frontline' - programme has been funded and developed for frontline organisations in health and social care, counsellors, coaches, youth workers, social workers, community workers whose work is typically characterised by low resources, high demands and a high risk of burnout. The aim is to grow effectiveness and wellbeing in work, for you and your team, through practical skills which nourish your resilience and expand your capacity.



### THE FACILITATORS

#### Alan Heeks

has been exploring resilience with people and nature for many years and has led many groups on this theme, drawing on experience of resilient natural systems from creating an organic farm and setting up Hazel Hill. [www.alanheeks.com](http://www.alanheeks.com)



#### Daniel Koerner.

works with individuals and teams across continents on realising sustainability projects. He combines mindfulness, leadership approaches, practices of social and environmental activism and non-formal education into a unique offering.



### ABOUT THE DAY

Years of shrinking resources and rising client demands mean that many front-line teams find the future outlook unimaginable. This day offers a supportive space and creative processes to face the issues and think well outside the box. We will explore together how you can approach every challenge or problem as an opportunity to learn, grow and reframe the picture of the service you offer and the skills and resources available.

The style of the day will be a collaborative enquiry. We'll use a range of methods such as future-scoping, backcasting and constellations to help you seek insights and upsides amid the presenting problems. We will also explore together a powerful set of project design processes to take innovation from vision to reality. And the magical setting of Hazel Hill offers space for solo reflection and insights from the resilience of Nature..



### ABOUT THE WOOD

Hazel Hill is a magical 70-acre wood, with a great diversity of wildflowers, trees and fungi, providing a variety of landscapes and habitats. The retreat centre consists of beautiful off-grid wooden buildings, campfires and beautiful open spaces..

To find out more about the day or the overall programme go to [www.wisdomtree.uk.net](http://www.wisdomtree.uk.net), contact us at [wisdomtreeoffice@gmail.com](mailto:wisdomtreeoffice@gmail.com) or speak to Daniel Koerner on m 07599774716